Switchback 5 30th September 2018

Place	First name	Surname	Club	Gender	Cat	Time
1	Alastair	Falconer	Striders of Croydon	Male	SM	29:26
2	Lee	Flanagan	Striders of Croydon	Male	M40	30:02
3	Krzysztof	Klidzia	Striders of Croydon	Male	M50	30:26
4	Phil	Coales	Striders of Croydon	Male	SM	31:07
5	Mark	Constantinou	Collingwood AC	Male	M50	31:46
6	Thomas	Lawson	Striders of Croydon	Male	SM	31:50
7	Dave	Vinton	Striders of Croydon	Male	SM	32:10
8	lan	Stammars	Unattached	Male	M40	32:12
9	Lisa	Rooney	Collingwood AC	Female	F35	32:14
10	Debbie	Jackson	Collingwood AC	Female	F45	32:37
11	James	McClintock	Collingwood AC	Male	M40	32:40
12	Andy	Perks	Striders of Croydon	Male	M40	32:47
13	Andrew	Pickering	Striders of Croydon	Male	SM	33:02
14	Martin	Filer	Striders of Croydon	Male	M40	33:07
15	Darren	Woods	Striders of Croydon	Male	SM	33:14
16	Isaac	Flanagan	Croydon Harriers	Male	SM	33:20
17	Richard	Fox	Collingwood AC	Male	M50	33:21
18	Glen	Smith	Collingwood AC	Male	SM	33:50
19	Erik	Schrijnemaekers	Unattached	Male	SM	33:58
20	Marcelo	Kern	Unattached	Male	SM	34:04
21	Michael	Davis	Striders of Croydon	Male	SM	34:05
22	John	Foss	South London Harriers	Male	M60	34:19
23	Darren	Jackson	Striders of Croydon	Male	M40	34:32
24	Jon	Dean	Striders of Croydon	Male	M60	34:37
25	Simon	Pannell	Striders of Croydon	Male	M50	34:38
26	Jemma	Zakariyyau	Striders of Croydon	Female	SW	34:40
27	Simon	Webster	Striders of Croydon	Male	SM	34:51
28	David	Alderson	Unattached	Male	SM	35:01
29	Katie	Balme	Herne Hill Harriers	Female	SW	35:16
30	Tomas	Navickas	Brighton Phoenix	Male	SM	35:24
31	Chris	Morton	Striders of Croydon	Male	M50	35:35
32	Christopher	Curtis	Unattached	Male	M50	35:43
33	Andy	Randall	Collingwood AC	Male	m40	35:51
34	Paul	Cripps	Striders of Croydon	Male	M50	35:53
35	Chris	Green	Striders of Croydon	Male	M50	35:59
36	Martin	lloyd	Collingwood AC	Male	M50	36:02
37	Robert	Zietz	Striders Of Croydon	Male	M60	36:06
38	Ola	Balme	Dulwich Runners AC	Female	F45	36:14
39	Stephen	Lowe	Striders of Croydon	Male	M40	37:13
40	Rachel	Vinton	Striders of Croydon	Female	SW	37:41
41	Jeff	Thwaites	Unattached	Male	M60	37:59
42	Adam	Reid	Striders of Croydon	Male	M50	38:05
43	Jonathan	Fengaras	Unattached	Male	SM	38:07
44	Simon	Ricca	Unattached	Male	M50	38:17
45	Matthew	Radford	Unattached	Male	SM	38:47
46	Carl	Linkson	Striders Of Croydon	Male	M40	38:52
47	Abigail	Robertshaw	Unattached	Female	SW	39:01
48	Richard	Clarke-Irons	Unattached	Male	M40	39:13

40	lc-1	144	Chaide as of Casade a	F1-	F2F	20.40
49	Selena	Wong	Striders of Croydon	Female	F35	39:18
50	Jenny	Cooney	Collingwood AC	Female	F35	39:18
51	Mark	Kelly	Striders of Croydon	Male	M50	39:42
52	Jonathan	Collis	Unattached	Male	SM	40:12
53	Aaron	Konadu	Unattached	Male	SM	40:29
54	Stephen	Allport	Unattached	Male	M40	40:42
55	Michael	Child	Epsom Oddballs	Male	M60	40:43
56	Patroulla	Lorke	South London Harriers	Female	F45	40:43
57	Niki	Taylor	Epsom Allsorts	Female	F45	41:16
58	Amanda	Hewett	Striders of Croydon	Female	F35	41:42
59	Chris	Brough	Unattached	Male	M60	42:02
60	John	O'Neill	Unattached	Male	M50	42:14
61	Carolyn	Brathwaite	Epsom Allsorts	Female	F35	42:28
62	Harry	Rose	Unattached	Male	SM	42:44
63	Encsi	Nadas	Unattached	Female	f45	43:38
64	Annette	Helliwell	Collingwood AC	Female	F55	43:43
65	Angela	Wilson	South London Harriers	Female	F35	43:59
66	Bonita	Scaysbrook	Epsom Allsorts	Female	F45	44:04
67	Mandy	Oldfield	Epsom Allsorts	Female	F45	44:24
68	Jo	Riches	Striders of Croydon	Female	F45	44:30
69	Karen	Speed	Striders of Croydon	Female	F55	44:47
70	Claire	Mitchell	Unattached	Female	F35	45:07
71	Michael	Bassett	Striders of Croydon	Male	M60	45:13
72	Alison	Shanks	Unattached	Female	SW	46:21
73	Helen	Elderfield	Collingwood AC	Female	F55	46:27
74	Vanessa	Wheeler	Striders of Croydon	Female	F55	46:46
75	Linda	Lloyd	Unattached	Female	F45	46:49
76	Natalia	Rushworth-White	Unattached	Female	SW	47:08
77	Sandie	Harris	Unattached	Female	F45	47:16
78	Robert	Lambert	Unattached	Male	M60	47:20
79	Sarah	Tyrrell	Unattached	Female	F35	48:12
80	Leonard	Apps	Unattached	Male	M50	48:16
81	Jennfier	Child	Epsom Oddballs	FeMALE	F55	48:35
82	James	McDonald	Striders of Croydon	Male	SM	48:44
83	Norman	Hemming	Croydon Harriers	Male	M60	49:03
84	Neil	Bicknell	Unattached	Male	M50	49:12
85	Sally	Davis	Unattached	Female	F55	50:22
86	Debbie	Clarke-Irons	Unattached	Female	F35	50:58
87	Sheena	Hammond	Striders of Croydon	Female	F45	51:03
88	Chris	Taylor	Striders of Croydon	Male	M50	51:24
89	Pauline	Maxton	Epsom Allsorts	Female	F55	51:54
90	Megan	Hammond	Unattached	Female	SW	52:03
91	David	Graves	Unattached	Male	M50	52:30
92	Pandie	Bronsdon	Unattached	Female	F45	52:53
93	Amanda	Curtis	Unattached	Female	F45	53:16
94	Edward	Clements	Unattached	Male	M60	53:21
95	Julia	Lambert	Epsom Allsorts	Female	F55	53:21
96	Rosa	Constantinou	Collingwood AC	Female	F45	53:29
97	Andy	Maxton	Unattached	Male	M60	54:15
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Switchback 5 30th September 2018

98	Amy	Shaw	Unattached	Female	F35	55:50
99	Anthony	Bonninga	Unattached	Male	M50	57:45
100	Debbie	Sands	Epsom Allsorts	Female	F45	58:43
101	Sarah	Radford	Unattached	Female	SW	59:22
102	Ljerka	Martinovic-Vavra	Unattached	Female	F55	59:59
103	David	Wagg	Unattached	Male	SM	01:01:19
104	Hannah	Brill-Dulley	Unattached	Female	SW	01:01:19
105	Shelagh	Bonninga	Epsom Allsorts	Female	F55	01:04:11
106	Natalie	Seymour	Striders of Croydon	Female	sw	01:09:43
107	Stacey	Seymour	Striders of Croydon	Female	SW	01:09:57
	Nick	Corline	Striders of Croydon	Male	M50	DNF
	Linda	Jones	Unattached	Female	F35	DNF