

**Striders of Croydon - Switchback 5**  
**24/09/2006**  
**Full Results**

Place	Number	Surname	Forename	Club	Time	Sex	Cat
1	167	Cummings	Mike	Herne Hill Harriers	29.18	M	Senior
2	225	Korro	Barry	U/A	29.35	M	Senior
3	210	Wallace	Basil	Egdon Heat Harriers	29.50	M	Senior
4	187	Atkins	Darren	Dulwich Runners	30.32	M	Senior
5	211	Hansen	Graham	U/A	31.12	M	Vet
6	201	Steiert	Dominic	Holland Sports	31.44	M	Junior
7	202	Ewen	Bob	Striders of Croydon	32.12	M	Vet
8	221	Guz	Andrzej	U/A	32.26	M	Senior
9	214	Jones	Mick	Blackheath & Bromley	32.33	M	Vet
10	199	Dyke	Paul	Holland Sports	33.34	M	Senior
11	213	Morton	Chris	Striders of Croydon	33.42	M	Vet
12	182	Spencer-Wood	Julian	Kent AC	33.46	M	Vet
13	184	Hawkins	Dominic	Striders of Croydon	34.04	M	Senior
14	193	Lloyd	Martin	Collingwood AC	34.05	M	Vet
15	159	Humphrey	Keith	Roadrunners	35.01	M	Vet
16	172	Mitchell	Viv	South London Harriers	35.14	F	Vet
17	203	O'Sullivan	Gerard	U/A	35.27	M	Senior
18	209	Elliot	Steve	Beckenham RC	35.44	M	Vet
19	158	Brown	Keith	Croydon Harriers	35.56	M	Vet
20	228	Davies	John	U/A	36.14	M	Senior
21	194	Redman	Jonathan	U/A	36.25	M	Vet
22	192	Edwards	Steve	Serpentine RC	36.41	M	Vet
23	157	Brown	David	Croydon Harriers	36.52	M	Senior
24	195	Duncan	Gary	U/A	36.55	M	Vet
25	198	Hill	Yvonne	Ranelagh Harriers	37.10	F	Vet
26	204	Williamson	Dominic	U/A	37.21	M	Senior
27	147	Townsend	Paul	U/A	37.24	M	Vet
28	155	Peck	James	U/A	37.35	M	Senior
29	217	Jones	Chris	U/A	37.46	M	Senior
30	219	Witlox	Henk	U/A	37.51	M	Vet
31	180	Bobban	Robban	U/A	38.03	M	Senior
32	227	Mattheson	0	Beckenham RC	38.11	M	Vet
33	171	Shew	Peter	Striders of Croydon	38.32	M	Vet
34	105	Dalton	Alan	Striders of Croydon	38.35	M	Vet
35	186	Jeffries	Andrea	Kent AC	38.41	F	Vet
36	148	Humphries	John	Striders of Croydon	39.09	M	Vet
37	226	Green	Chris	Serpentine RC	39.15	M	Vet
38	205	Steward	Claire	Dulwich Runners	39.21	F	Vet
39	146	Allen	Sarah	Herne Hill Harriers	39.35	F	Vet
40	206	Sharh	Bas	Croydon Harriers	39.40	M	Senior
41	224	Martin	Steve	Collingwood AC	39.53	M	Vet
42	196	Mazur	Phil	Striders of Croydon	39.57	M	Vet
43	189	Halfpenny	Chris	U/A	39.59	M	Senior
44	183	Pritchard	Lis	Dulwich Runners	40.00	F	Vet
45	200	Dyke	Bob	Holland Sports	40.09	M	Vet
46	215	Wilkie	Paul	U/A	40.13	M	Senior
47	153	Campbell	Eric	Croydon Harriers	40.16	M	Senior
48	220	Pratley	Ian	U/A	40.22	M	Vet
49	191	Hamilton	Robert	Road Runners Club	40.30	M	Vet
50	223	Molloy	Brian	U/A	40.59	M	Senior
51	208	Littlewood	Tom	Striders of Croydon	41.25	M	Senior
52	163	Erskine	Robert	U/A	42.01	M	Senior
53	164	Jeffery	John	U/A	42.07	M	Vet
54	154	Denton	David	Striders of Croydon	42.13	M	Vet
55	207	McLaughlin	Vincent	U/A	42.24	M	Vet
56	150	Mitchell	Nick	Reigate Priory AC	42.28	M	Vet
57	218	Gutteridge	Craig	U/A	42.44	M	Senior
58	185	Saville	Phil	Oxted Runners	43.14	M	Vet
59	170	Pullen	Graham	Oxted Runners	43.39	M	Vet
60	151	Allen	John	Collingwood AC	44.00	M	Vet
61	174	Jones	Rolf	Havering 90 Joggers	44.16	M	Senior
62	216	King	Ross	U/A	44.50	M	Senior
63	156	Peck	Colin	U/A	45.12	M	Vet
64	80	Robinson	Ian	U/A	45.12	M	Senior
65	149	Mitchell	Alexa	Reigate Priory AC	46.03	F	Vet
66	212	Carey	John	U/A	46.17	M	Senior
67	190	Gough	Louise	Striders of Croydon	46.47	F	Senior
68	177	Mohammed	Darius	U/A	47.40	M	Senior
69	176	Mohammed	Tara	Croydon Running Sisters	47.40	F	Senior
70	161	Bexon	Craig	U/A	47.41	M	Senior
71	162	Didd	Steve	U/A	48.11	M	Senior
72	175	Cleverly	Karen	U/A	48.33	F	Vet
73	197	Ramsay	Yasmin	U/A	51.01	F	Senior
74	181	Cook	Paula	Reigate Priory AC	51.09	F	Vet
75	169	Laurence	Peter	U/A	51.48	M	Senior
76	168	Carter	Becky	Croydon Running Sisters	51.48	F	Senior
77	222	Thompson	Jennifer	U/A	52.18	F	Vet
78	188	Rodger	Louise	U/A	52.53	F	Senior
79	166	Mayhew	Andrew	U/A	59.45	M	Vet
80	165	Tennant	Monique	U/A	59.45	F	Vet